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THIS RISOTTO'S A QUICK COMFORT FOOD

Grocery Gossip



BY RITA DEMONTIS, TORONTO SUN

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NO NEED TO WAIT: If you're rushed for dinner, or something substantial to snack on, reach for Riso Scotti, a line of rices infused with various condiments that look and taste like you've made risotto from scratch. Simply add water and the seasoned rice and — voila! Perfect risotto. Add grated cheese if you like, but a bracing bowl of risotto with a salad and you've the making of a comforting dish, especially during this cold season. Founded in 1860, Riso Scotti was one of the first Italian rice factories to produce and sell packaged rice — for a century and a half, the Riso Scotti family business has developed from a classic rice processing business, into a genuine rice industry. Riso Scotti comes in such flavours as porcini mushroom, truffle, asparagus and Parmigiana (kids will love this one!). Riso Scotti also offers a variety of plain rices (carnaroli, arborio, etc.) perfect for a risotto dish close to you.

Available at your local supermarket or grocery store. Check out Risoscotti.com.



ABOUT THE AUTHOR



RITA DEMONTIS

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Warm up with cool bargains

I think we've received enough snow for the next five white Christmases! The weather has obviously kept me in a festive spirit and it doesn't hurt when I keep finding holiday deals everywhere — just recently I found tons of discounts at the Chapters/Indigo store in the Yorkdale mall.



Banish the blahs with the blues: Quinoa spinach salad dressed in blue and sweet potato blue polenta

Do the February blahs having you feeling the blues?



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